



Brain Fit

MULTI-SPECIALTY PROVIDER
NETWORK

UEI: CD9AXM3DP9N3

CAGE: 7SVE0

NAICS: 541611 · 541612 · 621111 · 621210 · 621320 · 621330 · 621340 · 621420

SAM.gov: Active

Founded: 2015 · Phoenix, AZ

COMPANY OVERVIEW

Brain Fit, LLC is a multi-specialty provider network and behavioral health consulting firm headquartered in the Phoenix metropolitan area. Co-owned and clinically directed by Drs. Jonathan Shelton (Managing Director) and An Nguyen (Clinical Director), both licensed clinical psychologists, the firm brings federal-contracting discipline and dual clinical leadership to coordinated multi-specialty evaluation delivery.

Brain Fit credentials, coordinates, and manages a multi-disciplinary licensed provider network across five clinical specialties — psychology, dentistry, audiology, optometry, and medical — to fulfill veteran, public-sector, and federal healthcare evaluation contracts under a unified, accountable delivery structure.

DIFFERENTIATORS

- **Multi-specialty provider network** — 21 actively credentialed providers across psychology, dentistry, audiology, optometry, and medical disciplines, deployed in 10 states.
- **Licensed clinical leadership** — Co-led by Drs. Jonathan Shelton (Managing Director) and An Nguyen (Clinical Director) — both licensed clinical psychologists with 10+ years of full-time Social Security disability consultative examination experience and active day-to-day involvement in clinical and administrative operations across Brain Fit and Desert Recovery Centers. Dr. Nguyen serves as Clinical Director at DRC and is involved in all aspects of operations.
- **Veteran-centered service line** — Dedicated infrastructure for Compensation & Pension (C&P) evaluation delivery, provider development, and workforce readiness for VA and DoD-aligned programs.
- **Integrated affiliate model** — Coordinated delivery with Trinity Tree, LLC (a multi-PsyD clinical team with specialty depth in psychodiagnostic and neuropsychological assessment, child and adolescent psychology, and autism evaluation; therapy across the lifespan; psychiatry; and clinical training) and Desert Recovery Centers (Joint Commission Gold Seal accredited residential, adult PHP/IOP, adolescent PHP, and TMS neuromodulation programs across 3 AZ facilities).
- **Federal readiness** — SAM.gov active; GSA MAS in pursuit; purchase card accepted; HIPAA and 42 CFR Part 2 compliant.

GEOGRAPHIC REACH

CORE COMPETENCIES

- **Provider network management** — Nationwide sourcing, credentialing, scheduling, compliance tracking, and quality assurance across a multi-disciplinary licensed provider network.
- **SSA disability consultative examinations** — Psychological consultative examinations (CEs) for adult and child disability determinations through state Disability Determination Services (DDS) under federal SSA funding. 10+ years of full-time key personnel experience producing administrative-hearing-grade evaluation reports under 20 CFR 404.1519 / 416.919 evidentiary standards.
- **C&P evaluation delivery** — Coordinated Compensation & Pension evaluations for veteran populations through VA and DoD-aligned programs; provider development and workforce readiness. Built on key personnel's foundation in methodologically parallel SSA consultative work.
- **Fitness-for-duty & regulatory evaluation** — Psychological assessment, structured reporting, and administrative-hearing-grade documentation for state regulatory boards (current Arizona Board of Nursing experience) and federal fitness-for-duty contexts, including security clearance and workforce readiness applications.
- **Clinical assessment & testing** — Cognitive, personality, diagnostic, and risk assessment using validated instruments including the WAIS-5, WMS-V, WISC-V, WPPSI, WIAT-4, ADOS-2, CARS-2, Conners-4, Trail Making Test (Trails A and B), and Rey-15.
- **Behavioral health consulting** — Design, implementation, and program evaluation of trauma-informed, recovery-oriented behavioral health programs for public-sector and healthcare partners.
- **Training & workforce development** — Competency-based clinical training, supervision, and continuing education for behavioral health professionals across multi-site programs.
- **Project management & administration** — Turn-key contract coordination, compliance tracking, quality assurance, scheduling, and data reporting across integrated systems.

ACTIVE PROVIDER NETWORK

21 credentialed providers actively deployed across:

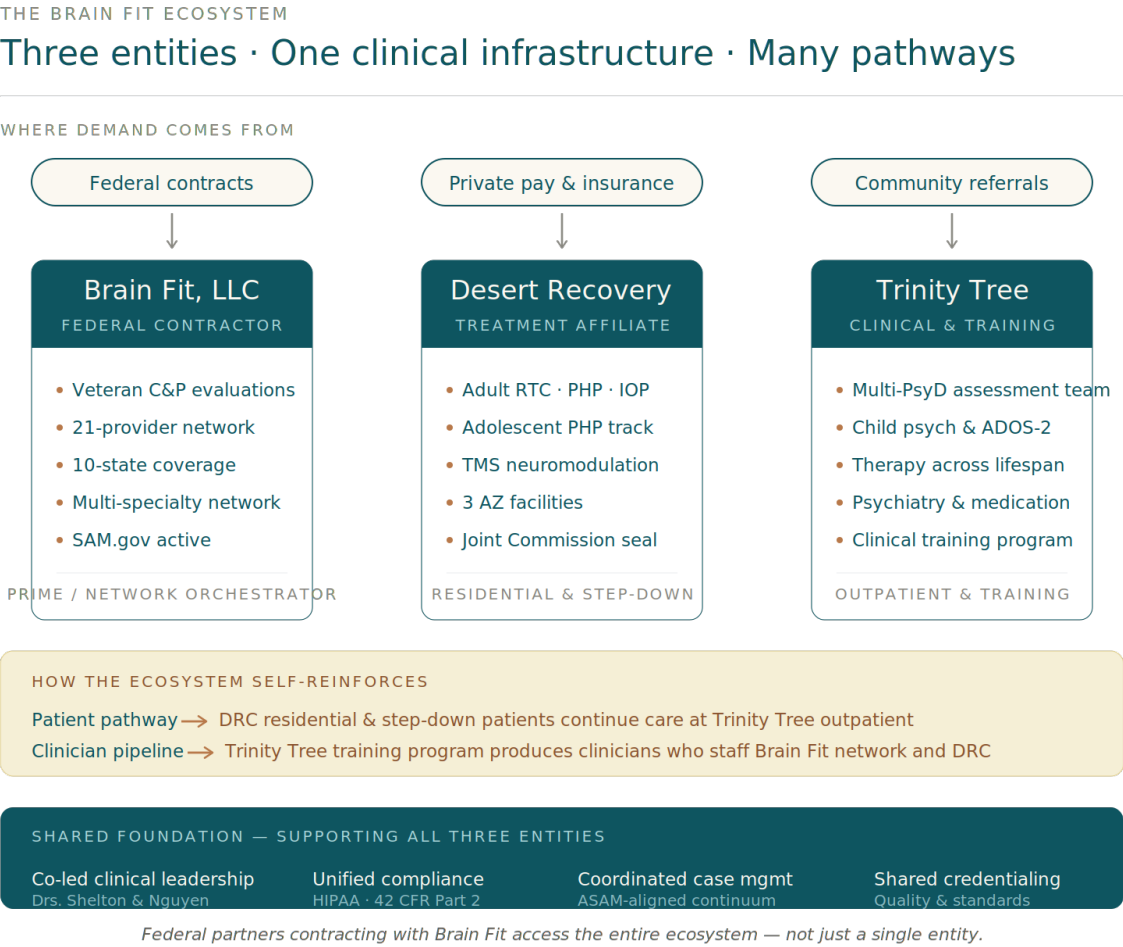
- **Psychology** — 10 licensed (Ph.D. / Psy.D.)
- **Dentistry** — 5 licensed (D.D.S. / D.M.D.)
- **Optometry** — 6 licensed (O.D.)

Active provider coverage across Arizona, California, Colorado, Florida, Idaho, New Jersey, New York, Pennsylvania, Texas, and Washington. Several network psychologists hold PSYPACT authorization, extending licensed telehealth coverage to 40+ states and the District of Columbia.

- **Audiology** — *actively recruiting*
- **Medical** — *actively recruiting (M.D. / D.O. / NP / PA)*

THE BRAIN FIT ECOSYSTEM

Brain Fit, LLC operates as the federal-facing entity within a vertically integrated behavioral health ecosystem. Through shared clinical leadership and coordinated operations across three accountable entities, partners contracting with Brain Fit access the entire network — federal contracting infrastructure, Joint Commission-accredited residential treatment, and multi-disciplinary outpatient assessment and therapy.



CORPORATE STRUCTURE & AFFILIATIONS

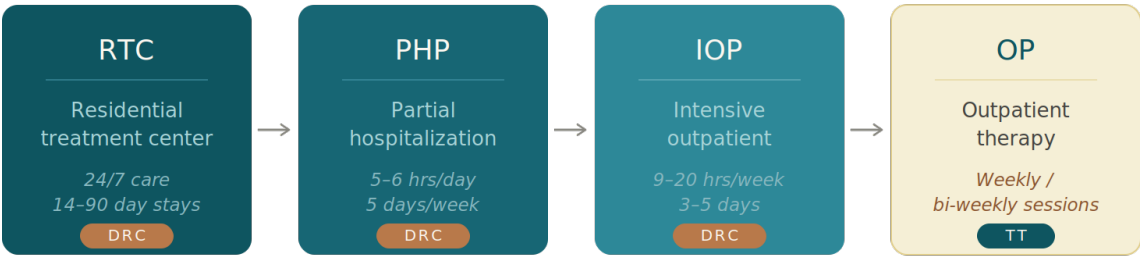
ENTITY	ROLE	FUNCTION
Brain Fit, LLC	Prime contractor	Federal contracting, program management, network coordination, compliance
Trinity Tree, LLC	Clinical & training affiliate	Multi-PsyD clinical team with specialty depth in psychodiagnostic and neuropsychological assessment, child and adolescent psychology, and autism evaluation (ADOS-2). Services include comprehensive psychological evaluation,

ENTITY	ROLE	FUNCTION
		therapy across the lifespan, psychiatry and medication management, speech-language therapy, and clinical training and internship/practicum supervision.
Desert Recovery Centers	Treatment affiliate	Joint Commission Gold Seal accredited; Arizona DHS licensed. Residential treatment (24/7), adult partial hospitalization (PHP) and intensive outpatient (IOP), dedicated adolescent PHP, and TMS (transcranial magnetic stimulation) neuromodulation. 3 AZ facilities serving substance use, co-occurring mental health, and dual-diagnosis populations across both adult and adolescent levels of care.

CONTINUUM OF CARE

The Brain Fit network covers the full ASAM continuum of care — from acute residential treatment through community-based outpatient therapy — under one coordinated, accountable structure.

CONTINUUM OF CARE · BRAIN FIT NETWORK MODEL



INTENSITY DESCENDING

Most intensive · 24/7 acute care

Least intensive · long-term wellness

Brain Fit coordinates each handoff — credentialing, scheduling, and continuity of care across affiliates.

Aligned with the ASAM continuum-of-care framework.

CONTRACT VEHICLES & COMPLIANCE

CONTRACT VEHICLE / PAYMENT METHOD	STATUS
SAM.gov registration	Active
GSA Multiple Award Schedule (MAS)	In pursuit
Purchase orders and Blanket Purchase Agreements (BPAs)	Accepted
Government Purchase Card	Accepted
HIPAA / 42 CFR Part 2 compliance	Active

POPULATIONS SERVED

Brain Fit serves adolescents and adults presenting with trauma- and stressor-related disorders, mood and anxiety disorders, substance use and co-occurring conditions, personality pathology, and neurodevelopmental and learning concerns. Veterans and active-duty service members are a core population. All services are delivered with cultural humility and a systems-informed, recovery-oriented approach.

PAST PERFORMANCE — KEY PERSONNEL

Brain Fit's principals bring directly transferable federal-evaluation experience to support VA Compensation & Pension and federal fitness-for-duty contracts.

Engagement: Social Security Administration disability consultative examinations (CEs)

Principals: Drs. Jonathan Shelton and An Nguyen

Period of performance: 10+ years, ongoing

Contracting mechanism: State Disability Determination Services (DDS) under federal SSA funding, per 20 CFR 404.1519 and 416.919

Scope: Psychological CEs for adult and child disability determinations — clinical interview, mental status examination, diagnostic formulation per DSM-5-TR and SSA Listing of Impairments, functional capacity assessment, and administrative-hearing-grade written reports.

Volume: Sustained full-time clinical engagement throughout the period.

Relevance to federal contracting: Methodologically parallel to VA Compensation & Pension evaluations and federal fitness-for-duty work. Demonstrates current, sustained capability to deliver federal-grade evaluation services under evidentiary standards equivalent to VA contract requirements.

LEADERSHIP & CONTACT

Dr. Jonathan Shelton

Co-Owner / Managing Director — Brain Fit, LLC

Dr. An Nguyen

Co-Owner / Clinical Director — Brain Fit, LLC

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